

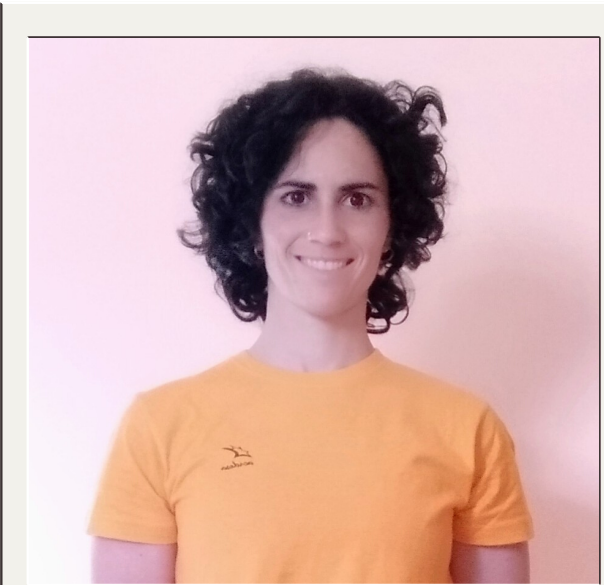


# PROGRAMACIÓN DEPORTIVA DE ACIDESA



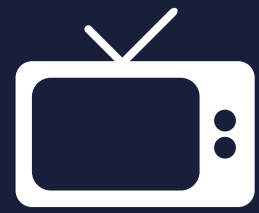
SEMANA DEL 11 AL 17 MAYO

## LUNES 11

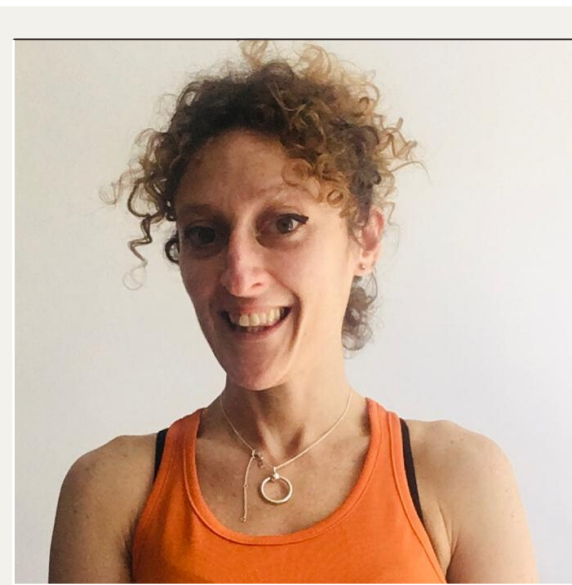


**MYRIAM**

### GAP

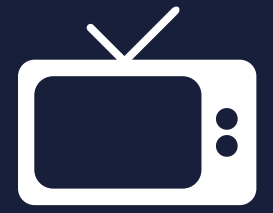


VER CLASE



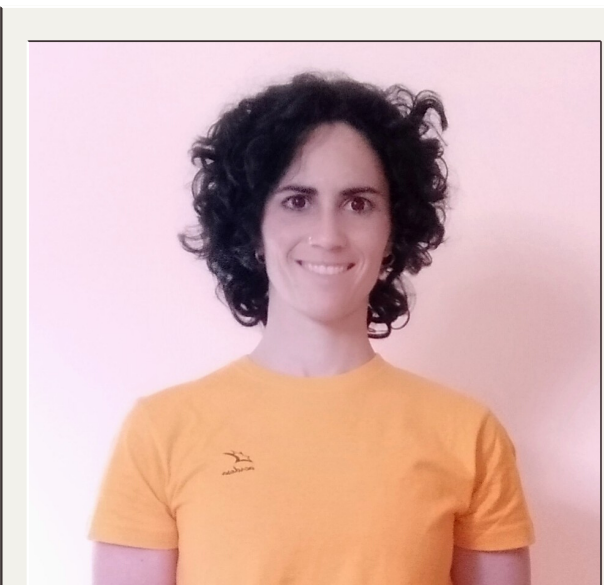
**PATRI**

### ZUMBA



VER CLASE

## MIÉRCOLES 13

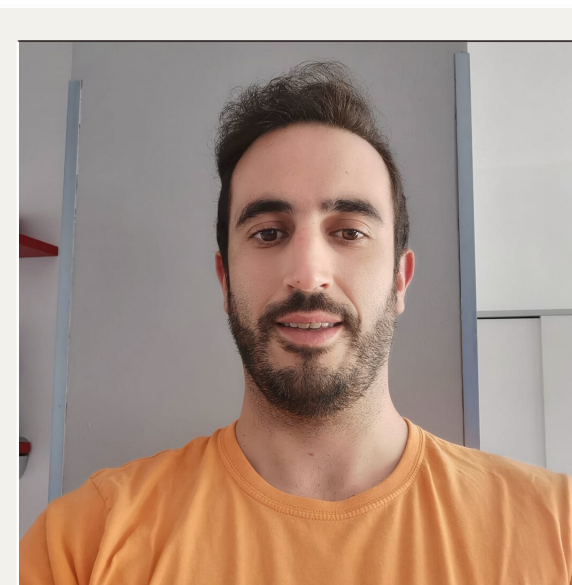


**MYRIAM**

### ESPECIAL ESTIRAMIENTOS



VER CLASE



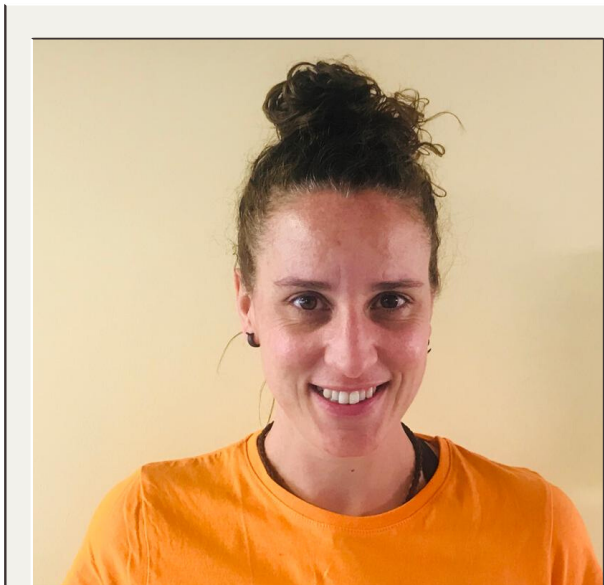
**FRAN JIMENEZ**

### ENTRENAMIENTO FUNCIONAL



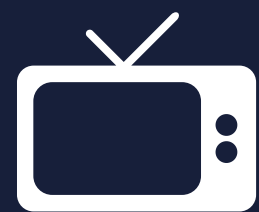
VER CLASE

## JUEVES 14



**MJ**

### FUERZA PARA NADADORES



VER CLASE



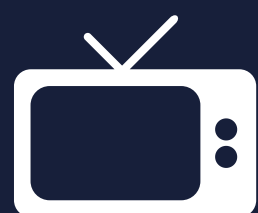
*acidesa*

## VIERNES 15



**CAMPOS**

### CICLO INDOOR



VER CLASE



**FRAN GÁLVEZ**

### RITMOS LATINOS



VER CLASE